

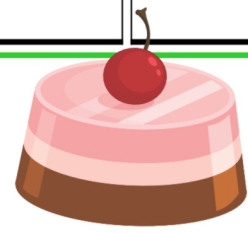
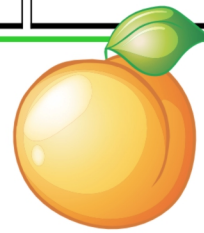
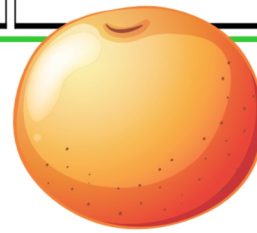
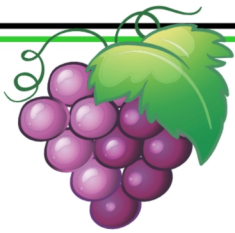
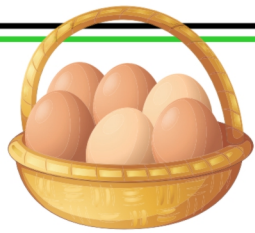


LILIFEEDAYCARE

YEAR
2025



WEEKLY MENU



	MON	TUE	WED	THUR	FRI
BREAK	Porridge	Drinking chocolate & bread	Weetabix	Drinking chocolate & bread	Porridge
SNACKS	Drinking chocolate & bread	Yoghurt	Drinking chocolate & bread	Yoghurt	Drinking chocolate & bread
LUNCH	Rice & Pojo	Ugali, Beef Stew & Veggies	Ugali, Chicken Stew & Veggies	Ugali, Chicken Stew & Veggies	Rice, Beef & Minced Stew
SNACKS	Fruit & Porridge	Fruit & Porridge	Fruit & Porridge	Fruit & Porridge	Fruit & Porridge